

STARTERS

Hand Rolled Duck Spring Roll
Hoi Sin Sauce
£5.95

Portobello Mushrooms
Grilled with Garstang Blue Cheese,
Rocket and Balsamic Glaze
£4.95

Homemade Chicken Liver Pâté
Warm Toast, Red Onion
Marmalade
£5.95

Tempura of Tiger Prawns
Sweet Chilli Dipping Sauce
£6.25

Grilled Black Pudding
Spinach, Poached Hens Egg,
Wholegrain Mustard Cream
£5.95

Soup of the Moment
Always Fresh, Always Vegetarian
(Gluten free roll available)
£4.25

Marinated Beetroot and Grilled Goats Cheese
Rocket and Herb Oil
£5.95

Smoked Haddock Fishcake
Cucumber and Dill,
Homemade Tartare Sauce
£5.95

LIGHT BITES

Available till 6.00pm Monday - Saturday

Croque Monsieur
Toasted Lancashire Cheese and Ham
Sandwich topped with a Cheese Sauce and
grilled. Served with a House Salad
£7.95

Brunch Rosti
Homemade Rosti, Tomato, Bacon
and Poached Egg
£8.95

Chicken Club Sandwich
Triple Decker of Chicken, Bacon, Lettuce
and Tomato served with a Side Salad
£7.95

Grilled Brie and Bacon Baguette
With Cranberry Sauce and Dressed Side Salad
£7.45

Baked Camembert
Sweet Onion,
Crudites and Breadsticks
£7.95

Smoked Haddock Fishcakes
New Potatoes, Side salad and
Home made Tartar Sauce
£7.95

MAIN COURSES

Hand Crafted Tavern Pies
Cumbrian Steak and JW Lees Ale
or Lancashire Cheese and Onion
With Chips or Mash and Garden Peas

Lancashire Hotpot
and Pickled Red Cabbage

Crofters Fish Pie
Smoked Haddock, Cod and Prawns in a Creamy Sauce,
Topped with Buttery Mash. Served with Garden Peas

Braised Chicken Breast
White Wine, Cream and Mushroom Sauce, Creamed Mash

Cumberland Bangers and Mash
Red Wine Jus, Onion Rings, Onion Marmalade

Cumbrian Pork Fillet
Sautéed Savoy Cabbage, Dauphinoise Potato, Onion and
Cider Sauce

Thai Crispy Sweet Chilli Beef Salad
Chinese Leaf, Carrot, Red Onion, Radish and Coriander,
Roasted Peanuts and Soy Dressing

Chargrilled Gammon Steak **10oz £10.95 / 5oz £7.95**
Fresh Cut Chips, Garden Peas, Fried Egg or Grilled Pineapple

Crofters Authentic Butter Chicken Curry
Steamed Rice, Poppadum and Mango Chutney **£11.95**

10oz Cumbrian Rump or 8oz Sirloin
Fresh Cut Chips, Sautéed Mushrooms and Vine Tomatoes
with choice of Peppercorn or Garstang Blue Sauce **£16.95**

Marinated Beetroot, Quinoa and Grilled Feta Salad **£9.95**

Homemade Rosti Potato
Buttered Spinach, Charred Asparagus, Portobello
Mushroom, Poached Egg and Hollandaise **£10.95**

Tavern Hand Made Beef Burger
Chargrilled 8oz Beef Patty or Butterflied Chicken Breast or
Vegetarian Burger with Cheese and Bacon, Lettuce and
Tomato, Onion rings and Tomato Burger Relish. **£10.95**

Add a Tasty Extra
Black Pudding, Fried Egg or a Portobello Mushroom all £1.50 each

FISH

Lightly Battered Fish and Chips
Homemade Mushy Peas and Tartare Sauce. **small £8.95 / reg £10.95**

Tagliatelle Fruiti de Mer
Selection of Fish and Seafood in a Light Sweet Chilli and
Coriander Cream, Parmesan Shavings

Whitby Scampi
Wholetail Breaded Scampi, Fresh Cut Chips, Garden Peas
and Home made Tartar Sauce **£10.95**

Baked Loin of Cod.
Citrus zest Seasoning, New Potatoes, Buttered Spinach,
Seasonal Greens **£12.95**

Pan Fried Seabass Fillet
Steamed Rice, Chilli, Ginger, Garlic, Spring Onion and
Buttered Spinach **£13.95**

SIDES

DRESSED HOUSE SALAD £4.50 / CREAMED SPINACH £3.95 / ONION RINGS £3.50

BOWL OF CHIPS £2.95 / GARLIC BREAD £2.95 / CHEESY GARLIC BREAD £3.95

DESSERTS

Creamy Rice Pudding
and Strawberry Jam
£4.50

Warm Belgium Chocolate Brownie
Vanilla Bean Ice cream
£4.50

Homemade Sticky Toffee Pudding
Toffee Sauce, Vanilla Bean Ice Cream
£5.50

Home Made Pavlova
Whipped Vanilla Cream and Soft Red Berries
£5.50

Wallings Ice Cream
Choose from Vanilla, Strawberry or Chocolate
1 scoop £1.95 2 Scoops £2.95 3 Scoops £3.95

Classic Glazed Vanilla Crème Brulee
Toasted Marshmallows and Soft Red Fruit
£5.50

Selection of British Cheeses
Biscuits, Grapes and Chutney
£7.95

THE
Tavern
BAR & RESTAURANT

“First we eat, then we do everything else”

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